PRAYING THROUGH SCRIPTURES

CCFCIV Retreat Workshop
2021

Praying Through Scriptures

Why pray through the Scriptures?
为什么要通过经文禱告

1John 5:14–15 “We have courage in God’s presence, because we are sure that He hears us if we ask Him for anything that is according to His will. He hears us whenever we ask Him; and since we know this is true, we know also that He gives us what we ask from Him.”
约翰以书5：14-15 “我們若照他的旨意求甚麼、他就聽我們．這是我們向他所存坦然無懼的心。既然知道他聽我們一切所求的、就知道我們所求於他的無不得著。”

Jeremiah 29:12-13: “Call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you search for me with all your heart.”
耶利米29:12-13:“你們要呼求我、禱告我、我就應允你們。
你們尋求我、若專心尋求我、就必尋見。

“Heavenly Father, You promise when I call, You will listen, and if I search for You with my whole heart, I will find You.
“天父，你應许我当我呼求你时，你會聽，如果我全心全意地尋找你，我會尋见
你。

Peace 平安 | Protection 保護 | Provision 供应 | Healing 医治

Peace 平安

Isa45:7
I form the light and create darkness,
I make peace and create calamity;
I, the LORD, do all these things.'
以45:7
我形成光明，創造黑暗，
我創造和平，製造災難；
我，耶和華，做了所有這些事情。

God you make peace regardless of circumstances.
I am living in troublesome days.
I ask that you bless me with not being dependent on circumstances in our world, but receiving peace from you .
I ask that I may experience the difference between
living in the kingdom of peace than the kingdom of darkness and chaos.
Anoint me with the peace that overflows from Jesus
who is the Prince of Peace.
I ask that you connect me with others of the like mind so that in this community of faith, I can experience an intimate relationship with God
who makes peace amongst the church.
I ask this in the name of Jesus of Nazareth , the peace giver.

神啊，无論情況如何你都會使一切平安。
我生活在艰难的日子裡。 我请求你祝福我不要依賴我們的世界，
而是要得到你的平安。
我希望我能體驗生活在平安王國與黑暗混亂王國之間的區別。

用從和平君主耶穌那裡溢出來的平安來膏我。
我请求你將我與其他具有類似想法的人聯繫在一起，
以便在這個信仰共同體中，我可以與那位使教会有平安的神建立親密關係。
我奉拿撒勒人耶穌的名和那平安賜予者的名祈求。

Isa 26:3
You keep him in perfect peace whose mind is stayed on you, because he trusts in you.
以赛亚书26:3
堅心倚賴你的、你必保守他十分平安、因為他倚靠你。

God I take hold of your word and believe it in my heart and mind.
You promise to keep me in perfect peace, which is a double peace/ shalom upon shalom / a peace that includes all of our welfare and being.
And because I trust in you, you will support, uphold, sustain my mind.

神啊，我謹記你的話并且內心和思想中也相信。
你应许讓我有完全的平安，
這是雙重平安/平安上有平安/包括我們所有福利和精神上的平安。
並且因為我信靠你，你將支持和维护我的意念。

John 14:27
Peace I leave with you; my peace I give to you.
Not as the world gives do I give to you.
Let not your hearts be troubled, neither let them be afraid.

约翰福音14：27
我留下平安給你們、我將我的平安賜給你們.
我所賜的、不像世人所賜的. 你們心裡不要憂愁、也不要膽怯。

Jesus, thank you for giving me your peace,
the Messiah's peace which leads to salvation,
which gives me hope and assurance and drives out my anxiety and doubts and restlessness in my heart.
Therefore, I will not be timid because you have promised to give me this peace,
this peace is reserved only for those who belong to you and not the world.
Thank you for reminding me of this peace and covering my heart so I begin to experience it in a real and tangible way.

耶穌，感謝你給我的你平安，
领往救赎的彌賽亞的平安，這給了我希望和保證，
並消除了我內心的焦慮，懷疑和不安。
因爲你所應许的平安我不会感到膽怯，
這種平安只是保留給屬於你而不是屬於世界的人。
感謝你讓我有這種平安，這種平安充滿了我的內心，
使我開始以一種真實而明确的方式經歷它。

Rom 8:6
For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.
罗马书8:6
體貼肉體的就是死. 體貼聖靈的乃是生命平安.

Father, I believe your word and I am going to set my mind on the Spirit right now and not on things of the flesh which is temporal and dead.
Rather,
I open my heart to allow the Spirit to speak to me the things of God directly to me which always brings life, growth, strength and peace and covers all that the flesh is struggling with at this time in my life, family, my internal struggles, my weaknesses.
Father, may your Spirit bring this peace into all these areas right now.
I don't know how you do it and I'm not going to figure it out,
but I do know that by your word, you can do it and I obey your word by setting my mind on the Spirit.

父啊, 我相信你的話语，我現在將意念投向聖靈，
而不是投向短暫的并无生命的肉體之物。我要敞開我的心, 讓聖靈直接向我诉说神的事，他總是帶来生命, 成長, 力量與和平, 並涵蓋了我肉体与我现今的生命，家庭， 內心，弱點之间的挣扎。
父啊, 願你的灵現在就將這種平安帶入所有這些領域。
我不知道你是怎麼做的, 我也不清楚, 但我確實知道, 仅凭你的话语，你就能做到，而我會全神貫注於聖靈顺服你的话语。

Num 6:26 The Lord lift up his countenance upon you and give you peace.
民數記6:26 願耶和華向你仰臉、賜你平安。

Just as Moses blessed the people of Israel, Father I ask you to turn your face to me and extend your peace to me and my household.
Lord I take a moment now to imagine you looking at me, you know my faults, you know my needs, you know my weaknesses, you know my cries
and you tell me that you are willing to give me your shalom, your peace in exchange of my worries and anxieties.
So I take my worries and my anxieties right now and exchange it for your peace upon my life. Father, thank you for lifting up my face, my head upwards again because the world has been weighing me down.
Thank you that you are burden lifter and the one who turns my face towards the heavens so I can walk upright with confidence.
I receive it today. Thank you, I pray this in the name of Jesus of Nazareth.

正如摩西祝福以色列人一樣，父神我请求你看着我，把你的平安赐予我和我的家人。 主啊，
我現在想像你看著我，
你知道我的缺點，
知道我的需求，知道我的软弱，
知道我的哭泣。
你告訴我，你願意給我你的平安，以你的平安換取我的憂愁和焦慮。
因此，我現在就要将我的憂愁和焦慮換成你给我的平安。
父啊，感謝你将我举起，因為世界一直在壓抑着我。
謝謝你，你卸下了我的重担，引领我轉向天国，我因此可以自信地前行。
我今天已经得着。 謝謝你，我奉拿撒勒人耶穌的名禱告。

Protection 保護

Psalm 91:2
THIS I DECLARE ABOUT THE LORD; HE ALONE IS MY REFUGE, MY PLACE OF SAFETY; HE IS MY GOD AND I TRUST HIM
诗篇91:2 我要論到耶和華說、他是我的避難所、是我的山寨、是我的　神、是我所倚靠的。

Therefore, I speak in confidence that my Lord is my place where I find safety, I run to His words of promise for comfort and protection. when I feel unsafe and your word tells me that you are my safety.
因此，我要有信心地說，我的主是我的安全所，我聆听他所應許的安慰和保护的話语。 當我感到不安全時，你的話告訴我你是我的安全所。

AND YOUR WORD SAYS…in Philippians 4:6
“Do not be anxious about anything, but in every
thing by prayer and supplication with thanksgiving let your requests be made known to God.”
腓利比书4:6
應當一無挂慮、只要凡事藉著禱告、祈求、和感謝、將你們所要的告訴神。

So I refuse to be anxious or worried about anything. And I choose, rather, to pray about everything, and to make all of my requests to You with thanksgiving. I am thanking you in faith that You will keep these promises to me.
所以我要拒絕焦虑
或擔心任何事情。相反我要選擇
凡事禱告，並以感恩的方式向你祈求。
我以信心感謝你 對我的应许。

2 Timothy 1:7
“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”
提摩太书1:7
因為神賜給我們、不是膽怯的心、乃是剛強、仁愛、謹守的心。

So I thank You Lord that I do not, and will not,have a spirit of fear, but of power and of love and of a sound mind. I thank you Lord, that I am protected. I thank you that you have given us power over fear and a mind that understands the heavenly things.
因此，我感謝你主，我不會将来也不會有恐懼，但却有權柄和
愛和健全的頭腦。我感謝主，我有了保護。
我感謝你，你賦予了我們克服恐懼的力量和能理解天國事物的思想。

Isaiah 41:10
“Do not be afraid— I am with you! I am your God—
let nothing terrify you! I will make you strong and help you;
I will protect you and save you.”
以赛亚书41:10
你不要害怕、因為我與你同在.
不要驚惶、因為我是你的神. 我必堅固你, 我必幫助你、我必用我公義的右手扶持你.

So in the name of Jesus, I will not be afraid because You are with me.
You are my God, so nothing will terrify me. You will make me strong and You will help me. And regardless what happens,
You will protect me and save me.
Not only that, you will protect my family, my kids, my parents, my brothers, my sisters.
Thank you Lord because you watch over me.

因此, 奉耶穌的名,
我不會害怕, 因為你與我同在。你是我的神, 所以沒有任何事能吓到我。
你會讓我堅強, 你會幫住我。不管發生什麼事,
你將保護我並拯救我。不僅如此, 你還將保護我的家人, 孩子, 父母, 兄弟姐妹。
謝謝主, 因為你看顾著我。

AND YOUR WORD SAYS…
in Psalm 46:1–2
“God is our refuge and strength, a very present help
in trouble. Therefore we will not fear,
even though the earth be removed, and
though the mountains be carried into the midst of the sea.”

诗篇46：1-2
神是我們的避難所、是我們的力量
是我們在患難中隨時的幫助。
所以地雖改變、山雖搖動到海心，
我們也不害怕。

Therefore I thank You that You are my refuge and my strength. You are a very present help in My trouble today.
Even if the whole earth is removed, even if the whole nation is in ruins, and even if the whole earth is filled with viruses
and even if every mountain is thrown into the ocean,
I refuse to fear for you are my present help.
I declare this in the name of Jesus of Nazareth.

因此，我感謝你，你是我的避難所和我的力量。你是我当今苦难的幫助
即使整個大地被剷除，即使整個國家都破坏成为廢墟，
即使整個地球都充滿了病毒，即使山雖搖動到海心，
我拒絕惧怕，因為你是我当今的幫助。
我奉拿撒勒人耶穌的名宣布。

Isaiah 54:17
‘No weapon formed against you shall prosper, and
every tongue which rises against you in
judgment You shall condemn. This is
the heritage of the servants of the Lord,
and their righteousness is from Me,’ Says the Lord.”

以赛亚书54:17
凡為攻擊你造成的器械、必不利用. 凡在審判時興起用舌攻擊你的、你必定他為有罪. 這是耶和華僕人的產業、是他們從我所得的義 . 這是耶和華說的。

So I declare in the name of Jesus that no weapon formed against
me shall prosper, and that every tongue—every negative word that I hear which disagrees with Your promises to me—and every word that rises against me to judge me, I condemn and cast down. I do not believe it, I do not think about it. Such words will not come to pass.
This divine protection is part of my inheritance as a servant of the
King and my righteousness—my worthiness to have this protection
comes from You, the final authority.
You determine what comes to pass and I put my confidence in my Lord.

所以我奉耶穌的名宣告，凡為攻擊我造成的器械、必不利用，並且每个唇舌-我聽到的每一個與你對我的諾言不符的负面话语，并且每一個攻擊我的審判我的话语，我都要斥責并扔掉。我不相信，我也不会思考它。這樣的話不會應驗。
作為神的僕人，這種神聖的保護是我所能繼承的一部分-
我的公義-我配得這種保護-來自你，最終的權威。
你决定將要發生的事情，我對我的主充滿信心。

PSALM 91
Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.
I will say of the Lord, “He is my refuge and my fortress,
my God, in whom I trust.”
Surely he will save you
from the fowler’s snare
and from the deadly pestilence.
He will cover you with his feathers, and under his wings you will find refuge;
His faithfulness will be your shield and rampart.
You will not fear the terror of night,
nor the arrow that flies by day, nor the pestilence that stalks in the darkness,
nor the plague that destroys at midday.
thousand may fall at your side, ten thousand at your right hand,
but it will not come near you.
You will only observe with your eyes
and see the punishment of the wicked.
If you say, “The Lord is my refuge,”
and you make the Most High your dwelling, no harm will overtake you,
no disaster will come near your tent.
For he will command his angels concerning you to guard you in all your ways;

诗篇91
1 住在至高者隱密處的、必住在全能者的蔭下。
2 我要論到耶和華說、他是我的避難所、是我的山寨、是我的　神、是我所倚靠的。
3 他必救你脫離捕鳥人的網羅、和毒害的瘟疫。
4 他必用自己的翎毛遮蔽你. 你要投靠在他的翅膀底下. 他的誠實、是大小的盾牌
5 你必不怕黑夜的驚駭、或是白日飛的箭.
6 也不怕黑夜行的瘟疫、或是午間滅人的毒病。
7 雖有千人仆倒在你旁邊、萬人仆倒在你右邊、這災卻不得臨近你。
8 你惟親眼觀看、見惡人遭報。
9 耶和華是我的避難所. 你已將至高者當你的居所.
10 禍患必不臨到你、災害也不挨近你的帳棚。
11 因他要為你吩咐他的使者、在你行的一切道路上保護你。

Finally, 2 Thessalonians 3:3
But the Lord is faithful. He will establish you and guard you against the evil one.
贴后3:3
但主是信實的、要堅固你們、保護你們脫離那惡者

Oh Lord, I believe your word today that you are faithful and you will make me stable and you have confirmed to me that you keep watch over me and keep me from the attacks of the enemy. I trust your protection and that you will preserve me through the trials and attacks , Lord, you will set my foot on solid ground
噢，主啊，我今天相信你的话语，你是信實的，你會讓我穩定的，你已經向我證實，
你會一直守護著我，並使我免受敵人的攻擊。
我相信你的保護，相信你会在试炼和攻擊中保護我，
主啊，你將会使我立足於堅實的基礎上

Provision 供应

FATHER, YOUR WORD SAYS… in Revelation 4:11
“You are worthy, O Lord, to receive glory and honor and
power; for You created all things, and by Your will they exist ...”
启示录4：11 “你是配得榮耀尊貴權柄的 .
因為你創造了萬物、並且萬物是因你的旨意被創造而有的。”

So I declare that You are worthy, O Lord, to receive glory and
honor and power, for You are the Creator of all things.
It is only because of You that the universe, the earth and all
of its inhabitants exist.
因此，我宣告你是配得的，
哦主啊，你是配得榮耀尊貴權柄的，因為您是萬物的創造者。
因為你，宇宙，地球和所有事物 得以存在。

AND YOUR WORD SAYS …in Isaiah 1:19,
“If you are willing and obedient,
you will eat the best from the land.”
以赛亚书1:19
你們若甘心聽從、必喫地上的美物.

Therefore, I repent from any and all unwillingness and
disobedience, I take some time right now to ask for your forgiveness for my
stubbornness.
I surrender.
And now I choose to
be willing and obedient to you, Lord.
And therefore, according to Your word, I will not only continue to eat and be provided
for, but through Your blessing I will eat the best from the land.
You will provide what I need today and tomorrow and until the end.

因此，我要悔改所有的不願意和不顺服，
我現在要花一些時間來請求你原諒我的固執。
我要降服。
現在我要選擇願意并順服你，主。
因此，就像你的話语所说，我不僅吃喝饱足並得到供应，
并且通過你的祝福，我將必喫这地上的美物。
你將供应我今天和明天直到最後的需求。

YOUR WORD ALSO SAYS ... in Psalm 34:10
“The young lions lack and suffer hunger;
but those who seek the LORD shall not lack any good thing,”
诗篇34：10
少壯獅子、還缺食忍餓. 但尋求耶和華的、甚麼好處都不缺。

AND YOUR WORD SAYS …
in Proverbs 3:9–10 and Malachi 3:10 (NIV84),
“Honor the LORD with your wealth
and with the first and best part of all your income.
Then your barns will be full, and your vats will overflow ...” and
“‘Bring the whole tithe into the storehouse, that there
may be food in My house.
Testme in this,’ says the LORD Almighty, ‘and see if I will not throw open the floodgates of heaven and pour out so much
blessing that you will not have room enough for it.’”

箴言3:9-10
你要以財物和一切初熟的土產、尊榮耶和華 .
這樣、你的倉房、必充滿有餘、你的酒醡、有新酒盈溢。
瑪拉基書3:10
萬軍之耶和華說、你們要將當納的十分之一、全然送入倉庫、使我家有糧、以此試試我、是否為你們敞開天上的窗戶、傾福與你們、甚至無處可容

So I thank You Lord that because I honor You and bring the whole
tithe to Your house,
You will throw open the floodgates of
heaven above me and pour out so much blessing that I will not
have room enough for all of it.
I declare that my barns—every place I store things—will be full,
and that my vats—every resource I use to produce income—will overflow.

所以我感謝主，因為我要尊榮你，並把要將當納的十分之一全然送入你的倉庫，
你會打開天国的水閘倾倒出
如此多的祝福，我甚至容納不了。
我宣告我的穀倉-每一個
存放東西的地方-都會滿溝的 ，
我的酒醡-我用來產生收入的所有資源-都會盈溢。

AND YOUR WORD SAYS IN …
Psalm 37:18–19
“The days of the blameless are known to the LORD … In
times of disaster they will not wither;
in days of famine they will enjoy plenty.”

诗篇37:18-19
耶和華知道完全人的日子. 他們的產業、要存到永遠。
他們在急難的時候、不至羞愧、在饑荒的日子、必得飽足

So I thank You, Lord, that by the blood of
Jesus Christ, and by Your grace,
I am pronounced righteous.
Therefore, I am known to You and my inheritance through
Christ will endure forever. In times of disaster I will not wither,
and in the days of famine, I will still enjoy plenty.

主啊, 我感謝你, 藉著
耶穌基督的宝血, 憑著你的恩典,
我被稱為義人。
因此, 我被你所知, 我通过基督的繼承
將永遠長存。在 災難時期我不會枯萎,
在飢荒的日子裡, 我會仍然饱足。

Your Word says in Isa 55:1
“Come, all you who are thirsty, come to the waters; and you who have no money,
come, buy and eat! Come, buy wine and milk without money and without cost."

以赛亚书55:1
你們一切乾渴的都當就近水來.
沒有銀錢的也可以來.
你們都來、買了喫. 不用銀錢、不用價值、 也來買酒和奶。

Yes, we come to you for all that is most important and has eternal value.
They come at no cost and not what money can buy.
We trust that you provide the best for us and we surrender and let go of that which is not important.
We come to you for your water, your wine, your milk, which is readily for us without cost.

是的, 我們為了这最重要且具有永恆價值的一切来到你面前。 它們是白白给我们的，不是金錢能買到的。我們相信你為我們供应的是最好的，我們降服于你，並放棄了那些不重要的東西。我們來到你面前, 是為了你的水, 你的酒, 你的奶, 這些都已经白白的爲我們准备好了.

Joel 2:25-26
I will restore to you the years that
the swarming locust has
eaten …” “You shall eat in plenty and be satisfied, and praise the name of
the LORD your God, who has dealt wondrously with you.
And my people shall never again be put to shame.”

約珥書2:25-26
我打發到你們中間的大軍隊、就是蝗蟲、蝻子、螞蚱、剪蟲、那些年所喫的、
我要補還你們。
你們必多喫而得飽足、就讚美為你們行奇妙事之耶和華你們神的名.
我的百姓、必永遠不至羞愧。

So I thank You Lord that by Your power You restore
years of blessing and opportunity that have been lost or stolen.
So I thank You Lord that I shall not lack, but according to Your word
I shall eat in plenty and be satisfied. And I will praise the name
of the Lord my God because You have dealt wondrously with me.

所以我感謝主
通過你的力量，你可以补还
已丢失或被盗多年的祝福和機遇
所以我感謝主，我必不缺乏，就像你的話语所说
我必多吃而得飽足。我要讚美我主我神的名，
因為你是行奇妙之事的。

Psalm 37:25
“I have been young, and now
am old, yet I have not seen
the righteous forsaken or his children begging for bread.”
诗篇37:25
我從前年幼、現在年老、卻未見過義人被棄.
也未見過他的後裔討飯

So I declare that I will never be financially forsaken
and my children will never have to beg for provision.
For your promises are always true and your words will never fail.

因此，我宣告我永遠不會在財務上被棄，
我的孩子也永遠不會乞讨。
因為你的应许永遠是真實的，你的话語永遠不會失效。

Finally, YOUR WORD SAYS…
Matt 6:33
But seek first the kingdom of God and his righteousness, and all these things will be added to you.
马太福音6:33
你們要先求他的國、和他的義這些東西都要加給你們了。

So I choose today to seek you first , go to your first, set my mind on you and the things that have eternal value
And I trust that all the things that is causing me to doubt, the finances that I worry about,
the job that I am struggling in,
the things I need to buy and set up,
the necessities for my kids,
all these things you have promise to add to me , without me fighting for it,
but you said “added to me” and I take your word for it.

因此，我今天要選擇首先尋求你，首先来到你这里，
把我的心思意念放在你和具有永恒價值的东西上，
我相信所有引起我懷疑的事物，我擔心的財務狀況，
我工作中的掙扎，
我需要購買和設置的東西，孩子們的必需品，
所有這些你应许的都会加添给我的，
我不需為之掙扎，而是因为你和我说了，我信靠你的话语。

Healing 医治

FATHER, YOUR WORD SAYS..in Proverbs 4:20–22
“My son, be attentive to my words; incline
your ear to My sayings. Let them not
escape from your sight; keep them
within your heart. For they are life
to those who find them, and healing to all their flesh.”

箴言书4:20-22
我兒、要留心聽我的言詞、側耳聽我的話語.
都不可離你的眼目. 要存記在你心中。
因為得著他的、就得了生命、又得了醫全體的良藥。

So I am choosing now to be attentive to Your words right now
and to incline my ear to Your sayings. I
will not let them escape from my sight,
and I will keep them within my heart.
For Your words are life to me because
I have found them, and they are healing to all my flesh. And I need your healing for my pains, my physical pains, my mental pains, my emotional pains, pains from the past. Your words have power to heal all these pains. I don’t understand how but I believe you are able. Thank you in the name of Jesus my Savior.

因此, 我現在就選擇立即留心聽你的話语
侧耳倾聽你的話语。 我不会使他離开我的眼目 . 我要存記在心中。
因為你的話對我來說是生命,
因為我得着他了, 他正在醫治我的全體。
我需要您来醫治我的痛苦, 我身體上的痛,
我精上的痛苦, 我情感上的痛以及過去的痛。
您的话語是有治愈所有這些痛的力量的。
我并不理解这个力量 , 但我相信。 奉我救主耶穌的名感谢你。

AND YOUR WORD SAYS… in Proverbs 18:21 and 12:18
“The tongue has the power of life and death…” and “… the tongue of the wise brings healing.”
箴言书18:21,12:18
“生死在舌頭的權下、喜愛他的、必喫他所結的果子。”
“說話浮躁的、如刀刺人. 智慧人的舌頭、卻為醫人的良藥。”

So I choose to use the power of my tongue to speak life and not death.
I choose to speak Your words and healing to the brokenness within me.

因此，我選擇使用我舌頭的力量诉說生命而不是死亡。
我選擇诉說出你的話語，並医治我內心的破碎

AND YOUR WORD SAYS… in Exodus 15:26 saying
“If you will diligently listen to the voice of
the Lord your God, and do that which
is right in His eyes, and give ear to His commandments and keep all His
statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your Healer.”

出埃及记 15：26又說、
“你若留意聽耶和華你神的話、又行我眼中看為正的事、留心聽我的誡命、
守我一切的律例、我就不將所加與埃及人的疾病加在你身上、
因為我耶和華是醫治你的。”

Though I am saved by grace and not
by the works of the law, I choose to diligently listen to Your voice and do what
is right in Your eyes. It is my joy to obey
Your commandments. And I thank You,
my Father, that You will not put the diseases on me,
for You are the Lord, my Healer.

雖然我因恩典得救而不是因做工，
我選擇要留意聽你的聲音並做在你的眼中看为正的事。
遵守你的誡命是我的喜乐。 我感謝你，我的父，你不会將疾病加在我身上，
因為你是主，我的医治者。

AND YOUR WORD SAYS…in Psalm 34:19
“Many are the afflictions of the righteous, but
the Lord delivers him out of them all.”

诗篇34:19

“義人多有苦難. 但耶和華救他脫離這一切”.

Therefore, afflictions do not disqualify me from being the righteousness of God in Christ. And I declare that no matter what afflictions may come,
You promise to deliver me out of them ALL!

因此, 苦難並沒有使我喪失成為神在基督裡的公義的資格。
我宣告無論發生什麼苦難,
你的应许会救我脫離這一切！

Psalm 103:2–3
“Bless the Lord, O my soul, and forget not all His
benefits: who forgives all your iniquities, who heals all your diseases.”
诗篇103：2-3
“我的心哪、你要稱頌耶和華、不可忘記他的一切恩惠。
他赦免你的一切罪孽、醫治你的一切疾病“。

So I choose to bless You from the depths
of my soul, and I will not forget all Your
benefits. You forgive all of my iniquities, and You heal all of my diseases.

所以我選擇從内心深處祝福你,
我不會忘記你一切的恩惠。
你赦免了我一切的罪孽, 並且醫治了我一切的疾病。

in Psalm 107:20
"He sent His word and healed them, and delivered them from their destructions."

诗篇107:20
"他發命醫治他們、救他們脫離死亡。"

So I thank You, Lord, that because of Your love and willingness to heal, You sent Your word to me with healing promises. And Your word is so powerful that it both heals me and delivers me.

所以我感謝你，主啊，因為你的愛和願意醫治的心，
你的话语已经应许了醫治。你的話是如此的強大，既可以醫治我也可以拯救我。

AND YOUR WORD SAYS…in Psalm 118:17
"I will not die but live, and will proclaim what the Lord has done."
诗篇118：17 "我必不至死、仍要存活、並要傳揚耶和華的作為"

So therefore I declare: I will not die but live! And I will not only live, but the purpose for my life is that I will loudly and repeatedly proclaim what the Lord has done.

因此，我宣告：我必不至死，仍要存活！
我不僅要活着，
而且我一生的目标就是要大聲反复地傳揚耶和華的作為

Matthew 8:2–3
"… a man with leprosy… said, 'if You are willing,
You can heal me and make me clean.' Jesus reached out and touched him.
'I am willing,' He said. 'Be healed!'
And instantly the leprosy disappeared,"

马太8:2-3
"有一個長大痲瘋的、來拜他說、主若肯、必能叫我潔淨了。
耶穌伸手摸他說、我肯、你潔淨了罷.
他的大痲瘋立刻就潔淨了"。

Oh thank you Jesus, because you are willing.
You are my savior who is willing to help me.
Your answer is the same to me today,
"I am willing. Be healed."
Thank you, This means so much to me.
You are both willing and able to heal me.
I receive it with gladness, with strength and without doubt.

噢，謝謝耶穌，因為你願意。
你是那位愿意帮助我的救主。
你今天的回答也是一樣的 "我肯，你潔淨了。
感謝你，這對我來說意義重大。
神啊，你願意並且能夠治愈我。
我满心欢喜，毫無疑問并有十足的劲头来接受。

You are Jehovah - Rafa
which means you are God the Healer in the time of need. I need you now.
I believe you are the healer of broken hearts, healer of curses from the past, healer of wounds, healer of the consequences of my sins.
Father, wash away my sins and heal me.
Thank you for your Son's blood so that I am able to come to you and thank you for restoring me, healing me in all areas. Amen.

你是耶和華-拉法-這意味著你是神你是醫治者。
我現在就需要你。我相信你是破碎心靈的醫治者，以往詛咒的醫治者，傷口的醫治者，我罪的後果的醫治者。
父親，洗淨我的罪，醫治我。
謝謝你兒子的宝血使我能够来到你的面前，
感謝你修复我并使我在各方面得到痊愈。阿們

Final Blessing

Ephesians 1:3 // 以弗所1：3
Praise be to the God and Father of our Lord Jesus Christ,
who has blessed us in the heavenly realms with every spiritual blessing in Christ.
願頌讚歸與我們主耶穌基督的父神、他在基督裡、
曾賜給我們天上各樣屬靈的福氣.

Praise to Him who blesses me with
peace, with protection, with provision, with healing
that is only available through Jesus Christ.
讚美賜予我平安，保護，供應和醫治的主，
只有通过耶穌基督才能得着的。